



May 2012

Name

Address

City, State, Zip

Western Dental would like to remind you that your child has great dental benefits with Medi-Cal's dental program through Western Dental in Sacramento County. Dental benefits include exams, x-rays, and teeth cleanings. Your child may also be able to get braces. Good health starts with good dental care. All kids should be seen by a dentist at least one time a year. An exam and x-rays can show decay or other problems in your child's mouth. Your child's dentist may also talk to you about *dental sealants*.

A *dental sealant* is a thin coating that covers the chewing part of back teeth to help stop decay. No shots are needed to place sealants. They are painted onto the chewing part of teeth – it is easy and pain free!

Teach your kids to limit snacks before and after meals. When they want a snack, good snacks such as fresh fruits, veggies and water are best.

Get to know your child's dentist. Make and keep dental check up appointments. The dentist will get to know your child and both of you can keep your child in good health. Call your child's dentist to make an appointment. Your child's main dentist is:

Provider Name

Provider Address

City, State, Zip

Provider Telephone Number

If you would like to change your child's dentist or need help calling for an appointment, call Western Dental's Customer Service Department at 1-800-805-8000.

If you have called our Customer Service line and were not helped in getting an appointment or if your child is denied services, you can call the Department of Managed Health Care's Help Center at (888)466-2219.

We look forward to serving your child's dental needs!

WESTERN DENTAL SERVICES, INC.

530 s. main street, orange, california 92868 phone (800) 805-8000